

14 400m Individual Medley Women...

Official

13NZR 13 Years New Zealand Short Course Record
2017-10-06

Erika Fairweather
NEPOT

14NZR 14 Years New Zealand Short Course Record
2014-09-05

Mya Rasmussen
KIWMW

NZR Open New Zealand Short Course Record
2020-10-31 Budapest, Hungary

Helena Gasson
 CSCAK






18NZR 18 Years New Zealand Short Course Record

Standard




Show more

 Entries  Heats



Total



Rank	Competitor	Age	Club	RT	FINA	Result	
1	 McCarthy ...	21	 Hamilton Aq...	+0.73		4:42.88 Entry: 4:38.69 (+ 4.19)	Q
	25m: 13.88	50m: 30.77 (16.89)					
	75m: 48.40 (17.63)	100m: 1:06.36 (17.96)					
	125m: 1:24.53 (18.17)	150m: 1:42.44 (17.91)					
	175m: 2:00.10 (17.66)	200m: 2:17.55 (17.45)					
	225m: 2:37.05 (19.50)	250m: 2:56.44 (19.39)					
	275m: 3:16.28 (19.84)	300m: 3:36.44 (20.16)					
	325m: 3:53.83 (17.39)	350m: 4:10.58 (16.75)					
	375m: 4:27.03 (16.45)	400m: 4:42.88 (15.85)					
2	 Essam (V) ...	21	ACU Blackt...	+0.80		4:43.81 Entry: 4:37.26 (+ 6.55)	Q
	25m: 14.24	50m: 30.94 (16.70)					
	75m: 47.94 (17.00)	100m: 1:05.29 (17.35)					
	125m: 1:23.95 (18.66)	150m: 1:42.12 (18.17)					
	175m: 2:00.34 (18.22)	200m: 2:18.23 (17.89)					
	225m: 2:38.10 (19.87)	250m: 2:58.22 (20.12)					
	275m: 3:18.60 (20.38)	300m: 3:38.91 (20.31)					
	325m: 3:55.56 (16.65)	350m: 4:12.03 (16.47)					
	375m: 4:28.19 (16.16)	400m: 4:43.81 (15.62)					
3	 Harrison (V...	21	ACU Blackt...	+0.73		4:53.19 Entry: 4:37.96 (+ 15.23)	Q
	25m: 13.68	50m: 30.33 (16.65)					
	75m: 47.83 (17.50)	100m: 1:05.63 (17.80)					
	125m: 1:25.39 (19.76)	150m: 1:44.22 (18.83)					
	175m: 2:03.23 (19.01)	200m: 2:21.80 (18.57)					
	225m: 2:43.01 (21.21)	250m: 3:03.79 (20.78)					
	275m: 3:24.75 (20.96)	300m: 3:46.08 (21.33)					
	325m: 4:03.87 (17.79)	350m: 4:20.70 (16.83)					
	375m: 4:36.93 (16.23)	400m: 4:53.19 (16.26)					
4	 Twose Cha...	18	 Coast Swi...	+0.70		4:55.77 Entry: 4:53.47 (+ 2.3)	Q
	25m: 14.24	50m: 31.11 (16.87)					
	75m: 48.86 (17.75)	100m: 1:07.05 (18.19)					
	125m: 1:25.47 (18.42)	150m: 1:43.67 (18.20)					
	175m: 2:01.98 (18.31)	200m: 2:20.39 (18.41)					
	225m: 2:41.81 (21.42)	250m: 3:03.31 (21.50)					



275m: 3:25.16 (21.85) 300m: 3:47.40 (22.24)
325m: 4:05.11 (17.71) 350m: 4:22.13 (17.02)
375m: 4:39.06 (16.93) 400m: 4:55.77 (16.71)



5		Finer Emilia	18		Neptune S...	+0.69	4:56.14 Entry: 4:58.26 (- 2.12)	Q
25m:	14.37	50m:	31.54 (17.17)					
75m:	49.17 (17.63)	100m:	1:06.77 (17.60)					
125m:	1:26.70 (19.93)	150m:	1:45.93 (19.23)					
175m:	2:05.31 (19.38)	200m:	2:24.36 (19.05)					
225m:	2:45.91 (21.55)	250m:	3:07.47 (21.56)					
275m:	3:29.43 (21.96)	300m:	3:51.39 (21.96)					
325m:	4:08.40 (17.01)	350m:	4:24.78 (16.38)					
375m:	4:40.92 (16.14)	400m:	4:56.14 (15.22)					

6		Pratt-Smith...	19		Coast Swi...	+0.73	4:56.23 Entry: 4:50.40 (+ 5.83)	Q
25m:	14.15	50m:	31.45 (17.30)					
75m:	49.31 (17.86)	100m:	1:08.23 (18.92)					
125m:	1:27.77 (19.54)	150m:	1:46.58 (18.81)					
175m:	2:05.22 (18.64)	200m:	2:24.64 (19.42)					
225m:	2:43.99 (19.35)	250m:	3:04.56 (20.57)					
275m:	3:25.24 (20.68)	300m:	3:46.71 (21.47)					
325m:	4:04.79 (18.08)	350m:	4:22.10 (17.31)					
375m:	4:39.37 (17.27)	400m:	4:56.23 (16.86)					


7		McEwan Ta...	17		Mt Maunga...	+0.74	4:56.65 Entry: 4:50.41 (+ 6.24)	Q
25m:	13.97	50m:	31.00 (17.03)					
75m:	48.45 (17.45)	100m:	1:06.29 (17.84)					
125m:	1:26.07 (19.78)	150m:	1:44.37 (18.30)					
175m:	2:02.62 (18.25)	200m:	2:21.09 (18.47)					
225m:	2:43.29 (22.20)	250m:	3:05.15 (21.86)					
275m:	3:26.70 (21.55)	300m:	3:49.50 (22.80)					
325m:	4:07.17 (17.67)	350m:	4:23.95 (16.78)					
375m:	4:40.96 (17.01)	400m:	4:56.65 (15.69)					

8		Adams Maia	19		Raumati S...	+0.65	5:00.54 Entry: 4:58.41 (+ 2.13)	Q
25m:	14.49	50m:	32.08 (17.59)					
75m:	50.35 (18.27)	100m:	1:09.11 (18.76)					
125m:	1:29.06 (19.95)	150m:	1:48.19 (19.13)					
175m:	2:08.03 (19.84)	200m:	2:27.12 (19.09)					
225m:	2:47.62 (20.50)	250m:	3:08.44 (20.82)					
275m:	3:29.58 (21.14)	300m:	3:50.82 (21.24)					
325m:	4:08.96 (18.14)	350m:	4:26.52 (17.56)					
375m:	4:44.07 (17.55)	400m:	5:00.54 (16.47)					



9		Campion Alex	17		United Swi...	+0.70	5:01.04 Entry: 5:02.11 (- 1.07)	Q
25m:	13.69	50m:	30.61 (16.92)					
75m:	48.31 (17.70)	100m:	1:06.91 (18.60)					
125m:	1:26.51 (19.60)	150m:	1:45.31 (18.80)					
175m:	2:04.53 (19.22)	200m:	2:23.50 (18.97)					
225m:	2:45.44 (21.94)	250m:	3:07.27 (21.83)					
275m:	3:29.04 (21.77)	300m:	3:51.52 (22.48)					
325m:	4:09.42 (17.90)	350m:	4:26.82 (17.40)					
375m:	4:44.19 (17.37)	400m:	5:01.04 (16.85)					

10		De Coster ...	15		St Paul's S...	+0.54	5:01.82 Entry: 5:12.03 (- 10.21)	Q
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25m:	14.37	50m:	31.71 (17.34)
75m:	50.19 (18.48)	100m:	1:08.86 (18.67)
125m:	1:29.65 (20.79)	150m:	1:49.34 (19.69)
175m:	2:08.69 (19.35)	200m:	2:28.00 (19.31)
225m:	2:50.24 (22.24)	250m:	3:12.56 (22.32)
275m:	3:34.64 (22.08)	300m:	3:56.69 (22.05)
325m:	4:13.96 (17.27)	350m:	4:30.26 (16.30)
375m:	4:46.17 (15.91)	400m:	5:01.82 (15.65)

11  Hingston Fr... 16  United Swi... +0.75 **5:02.05** Q
Entry: 5:07.90 (- 5.85)

25m:	13.96	50m:	30.78 (16.82)
75m:	48.74 (17.96)	100m:	1:07.26 (18.52)
125m:	1:26.84 (19.58)	150m:	1:46.27 (19.43)
175m:	2:05.48 (19.21)	200m:	2:24.86 (19.38)
225m:	2:46.52 (21.66)	250m:	3:08.91 (22.39)
275m:	3:31.28 (22.37)	300m:	3:53.86 (22.58)
325m:	4:11.08 (17.22)	350m:	4:27.99 (16.91)
375m:	4:45.15 (17.16)	400m:	5:02.05 (16.90)

12  Swan Brooke 16  Tasman Sw... +0.61 **5:02.95** Q
Entry: 5:08.95 (- 6)

25m:	14.11	50m:	31.34 (17.23)
75m:	49.34 (18.00)	100m:	1:07.77 (18.43)
125m:	1:28.25 (20.48)	150m:	1:48.09 (19.84)
175m:	2:07.48 (19.39)	200m:	2:27.44 (19.96)
225m:	2:49.65 (22.21)	250m:	3:11.38 (21.73)
275m:	3:33.15 (21.77)	300m:	3:55.19 (22.04)
325m:	4:12.60 (17.41)	350m:	4:29.34 (16.74)
375m:	4:46.48 (17.14)	400m:	5:02.95 (16.47)

13  King (V) Ab... 15 Tasmania +0.72 **5:03.13** Q
Entry: 5:06.61 (- 3.48)

25m:	13.80	50m:	31.57 (17.77)
75m:	49.83 (18.26)	100m:	1:09.17 (19.34)
125m:	1:29.37 (20.20)	150m:	1:48.68 (19.31)
175m:	2:07.62 (18.94)	200m:	2:26.34 (18.72)
225m:	2:48.44 (22.10)	250m:	3:10.39 (21.95)
275m:	3:32.84 (22.45)	300m:	3:55.52 (22.68)
325m:	4:13.72 (18.20)	350m:	4:30.87 (17.15)
375m:	4:47.60 (16.73)	400m:	5:03.13 (15.53)

14  Riley Ariella 15  Hamilton Aq... +0.80 **5:03.40** Q
Entry: 5:14.71 (- 11.31)

25m:	14.98	50m:	32.83 (17.85)
75m:	51.35 (18.52)	100m:	1:10.33 (18.98)
125m:	1:29.96 (19.63)	150m:	1:48.87 (18.91)
175m:	2:07.75 (18.88)	200m:	2:26.41 (18.66)
225m:	2:48.97 (22.56)	250m:	3:11.41 (22.44)
275m:	3:34.04 (22.63)	300m:	3:56.72 (22.68)
325m:	4:14.24 (17.52)	350m:	4:31.10 (16.86)
375m:	4:47.72 (16.62)	400m:	5:03.40 (15.68)

15  Hurley Kate 15  Pirates Swi... +0.72 **5:04.23** Q
Entry: 5:05.35 (- 1.12)



25m:	14.30	50m:	32.26 (17.96)
75m:	50.36 (18.10)	100m:	1:09.82 (19.46)
125m:	1:30.27 (20.45)	150m:	1:50.54 (20.27)
175m:	2:10.69 (20.15)	200m:	2:30.64 (19.95)
225m:	2:52.00 (21.36)	250m:	3:13.46 (21.46)
275m:	3:34.84 (21.38)	300m:	3:56.14 (21.30)
325m:	4:14.20 (18.06)	350m:	4:31.26 (17.06)
375m:	4:48.07 (16.81)	400m:	5:04.23 (16.16)

16  Bates Olivia 15  Howick Pak... +0.75 **5:05.67** Q
Entry: 5:06.24 (- 0.57)

25m:	15.24	50m:	34.20 (18.96)
75m:	53.90 (19.70)	100m:	1:13.08 (19.18)

125m: 1:33.92 (20.84)	150m: 1:53.34 (19.42)
175m: 2:12.99 (19.65)	200m: 2:32.14 (19.15)
225m: 2:53.63 (21.49)	250m: 3:14.78 (21.15)
275m: 3:36.09 (21.31)	300m: 3:57.52 (21.43)
325m: 4:15.78 (18.26)	350m: 4:33.05 (17.27)
375m: 4:49.95 (16.90)	400m: 5:05.67 (15.72)


17	 van Veldhui...	15	 Heretaunga... +0.76	5:07.50	Q
				Entry: 5:00.69 (+ 6.81)	
	25m: 14.30		50m: 31.75 (17.45)		
	75m: 50.11 (18.36)		100m: 1:09.58 (19.47)		
	125m: 1:28.76 (19.18)		150m: 1:46.65 (17.89)		
	175m: 2:04.84 (18.19)		200m: 2:23.59 (18.75)		
	225m: 2:45.14 (21.55)		250m: 3:08.34 (23.20)		
	275m: 3:31.83 (23.49)		300m: 3:55.05 (23.22)		
	325m: 4:13.63 (18.58)		350m: 4:31.54 (17.91)		
	375m: 4:49.75 (18.21)		400m: 5:07.50 (17.75)		

18	 Wong Alina	16	 Ice Breaker... +0.61	5:07.79	Q
				Entry: 5:08.53 (- 0.74)	
	25m: 13.87		50m: 31.74 (17.87)		
	75m: 50.87 (19.13)		100m: 1:10.82 (19.95)		
	125m: 1:30.38 (19.56)		150m: 1:49.30 (18.92)		
	175m: 2:08.40 (19.10)		200m: 2:27.31 (18.91)		
	225m: 2:49.25 (21.94)		250m: 3:11.77 (22.52)		
	275m: 3:34.53 (22.76)		300m: 3:57.36 (22.83)		
	325m: 4:15.46 (18.10)		350m: 4:33.00 (17.54)		
	375m: 4:50.54 (17.54)		400m: 5:07.79 (17.25)		



19	 Videau (V) ...	14	Tahiti +0.76	5:08.05	Q
				Entry: 5:08.19 (- 0.14)	
	25m: 14.62		50m: 31.97 (17.35)		
	75m: 49.90 (17.93)		100m: 1:08.43 (18.53)		
	125m: 1:28.01 (19.58)		150m: 1:46.82 (18.81)		
	175m: 2:05.98 (19.16)		200m: 2:24.84 (18.86)		
	225m: 2:46.99 (22.15)		250m: 3:09.57 (22.58)		
	275m: 3:32.84 (23.27)		300m: 3:55.95 (23.11)		
	325m: 4:14.91 (18.96)		350m: 4:32.62 (17.71)		
	375m: 4:50.48 (17.86)		400m: 5:08.05 (17.57)		


20	 Fisher Jaim...	25	Enterprise ... +0.77	5:10.28	Q
				Entry: 5:06.75 (+ 3.53)	
	25m: 15.27		50m: 32.86 (17.59)		
	75m: 51.10 (18.24)		100m: 1:10.05 (18.95)		
	125m: 1:30.37 (20.32)		150m: 1:49.79 (19.42)		
	175m: 2:09.17 (19.38)		200m: 2:28.67 (19.50)		
	225m: 2:50.77 (22.10)		250m: 3:12.85 (22.08)		
	275m: 3:35.36 (22.51)		300m: 3:58.14 (22.78)		
	325m: 4:16.75 (18.61)		350m: 4:34.66 (17.91)		
	375m: 4:52.81 (18.15)		400m: 5:10.28 (17.47)		



21	 Uys Heidi	17	Swim Timaru +0.74	5:10.63	Q
				Entry: 5:06.88 (+ 3.75)	
	25m: 15.12		50m: 33.05 (17.93)		
	75m: 51.66 (18.61)		100m: 1:11.01 (19.35)		
	125m: 1:31.45 (20.44)		150m: 1:51.22 (19.77)		
	175m: 2:10.85 (19.63)		200m: 2:30.51 (19.66)		
	225m: 2:51.86 (21.35)		250m: 3:13.08 (21.22)		
	275m: 3:34.93 (21.85)		300m: 3:56.61 (21.68)		
	325m: 4:15.79 (19.18)		350m: 4:34.33 (18.54)		
	375m: 4:52.76 (18.43)		400m: 5:10.63 (17.87)		

22	 Lyles Jasmi...	16	 Phoenix Aq... +0.74	5:11.93	Q
				Entry: 5:10.13 (+ 1.8)	
	25m: 14.40		50m: 31.86 (17.46)		
	75m: 50.38 (18.52)		100m: 1:10.08 (19.70)		
	125m: 1:31.37 (21.29)		150m: 1:51.93 (20.56)		
	175m: 2:12.43 (20.50)		200m: 2:32.48 (20.05)		
	225m: 2:52.45 (19.97)		250m: 3:13.93 (21.48)		

275m: 3:35.61 (21.68) 300m: 3:57.16 (21.55)
325m: 4:16.60 (19.44) 350m: 4:35.73 (19.13)
375m: 4:54.23 (18.50) 400m: 5:11.93 (17.70)


23		McIntosh Al...	14		Mt Wellingt... +0.71	5:12.45 Entry: 5:10.98 (+ 1.47)	Q
25m:	14.99	50m:	33.27 (18.28)				
75m:	52.83 (19.56)	100m:	1:13.16 (20.33)				
125m:	1:33.85 (20.69)	150m:	1:53.25 (19.40)				
175m:	2:12.59 (19.34)	200m:	2:32.32 (19.73)				
225m:	2:54.76 (22.44)	250m:	3:17.40 (22.64)				
275m:	3:39.82 (22.42)	300m:	4:02.19 (22.37)				
325m:	4:21.14 (18.95)	350m:	4:38.82 (17.68)				
375m:	4:55.86 (17.04)	400m:	5:12.45 (16.59)				

24		Wilson Ava	15		Carterton S... +0.75	5:12.72 Entry: 5:06.76 (+ 5.96)	Q
25m:	14.61	50m:	33.68 (19.07)				
75m:	53.76 (20.08)	100m:	1:14.72 (20.96)				
125m:	1:34.86 (20.14)	150m:	1:53.95 (19.09)				
175m:	2:13.63 (19.68)	200m:	2:32.52 (18.89)				
225m:	2:54.88 (22.36)	250m:	3:17.84 (22.96)				
275m:	3:40.77 (22.93)	300m:	4:03.34 (22.57)				
325m:	4:21.24 (17.90)	350m:	4:38.53 (17.29)				
375m:	4:55.85 (17.32)	400m:	5:12.72 (16.87)				



25		Wilkinson Z...	17		Evolution A... +0.76	5:13.46 Entry: 5:07.47 (+ 5.99)	Q
25m:	14.83	50m:	32.75 (17.92)				
75m:	51.34 (18.59)	100m:	1:10.26 (18.92)				
125m:	1:30.51 (20.25)	150m:	1:49.66 (19.15)				
175m:	2:09.26 (19.60)	200m:	2:28.71 (19.45)				
225m:	2:51.13 (22.42)	250m:	3:13.71 (22.58)				
275m:	3:36.46 (22.75)	300m:	3:59.17 (22.71)				
325m:	4:18.20 (19.03)	350m:	4:36.72 (18.52)				
375m:	4:55.47 (18.75)	400m:	5:13.46 (17.99)				

26		Menzies La...	14		Selwyn Swi... +0.74	5:14.97 Entry: 5:19.84 (- 4.87)	Q
25m:	14.12	50m:	32.34 (18.22)				
75m:	51.49 (19.15)	100m:	1:11.87 (20.38)				
125m:	1:30.50 (18.63)	150m:	1:48.88 (18.38)				
175m:	2:07.36 (18.48)	200m:	2:25.97 (18.61)				
225m:	2:49.64 (23.67)	250m:	3:13.99 (24.35)				
275m:	3:38.14 (24.15)	300m:	4:02.38 (24.24)				
325m:	4:21.55 (19.17)	350m:	4:39.74 (18.19)				
375m:	4:57.97 (18.23)	400m:	5:14.97 (17.00)				



27		Chan Bianca	14		Roskill Swi... +0.70	5:15.87 Entry: 5:21.56 (- 5.69)	Q
25m:	14.66	50m:	32.41 (17.75)				
75m:	50.75 (18.34)	100m:	1:09.96 (19.21)				
125m:	1:30.35 (20.39)	150m:	1:49.99 (19.64)				
175m:	2:10.33 (20.34)	200m:	2:30.32 (19.99)				
225m:	2:53.00 (22.68)	250m:	3:16.19 (23.19)				
275m:	3:39.62 (23.43)	300m:	4:02.91 (23.29)				
325m:	4:21.65 (18.74)	350m:	4:39.99 (18.34)				
375m:	4:58.05 (18.06)	400m:	5:15.87 (17.82)				

28		Austin Amelie	16		St Paul's S... +0.78	5:15.94 Entry: 5:16.07 (- 0.13)	Q
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25m:	14.38	50m:	32.26 (17.88)
75m:	50.48 (18.22)	100m:	1:09.31 (18.83)
125m:	1:30.48 (21.17)	150m:	1:50.95 (20.47)
175m:	2:11.51 (20.56)	200m:	2:32.13 (20.62)
225m:	2:54.91 (22.78)	250m:	3:17.83 (22.92)
275m:	3:41.12 (23.29)	300m:	4:04.80 (23.68)
325m:	4:23.27 (18.47)	350m:	4:40.95 (17.68)
375m:	4:58.73 (17.78)	400m:	5:15.94 (17.21)

29  Nelson Holly 15  North Shore... +0.74 **5:17.94** Q
Entry: 5:14.66 (+ 3.28)


25m:	15.05	50m:	33.34 (18.29)
75m:	52.15 (18.81)	100m:	1:11.75 (19.60)
125m:	1:31.91 (20.16)	150m:	1:51.64 (19.73)
175m:	2:11.55 (19.91)	200m:	2:30.73 (19.18)
225m:	2:54.67 (23.94)	250m:	3:18.68 (24.01)
275m:	3:43.10 (24.42)	300m:	4:07.13 (24.03)
325m:	4:25.91 (18.78)	350m:	4:43.30 (17.39)
375m:	5:01.13 (17.83)	400m:	5:17.94 (16.81)

30  Taylor Liv 15  North Shore... +0.68 **5:18.15** Q
Entry: 5:23.69 (- 5.54)



25m:	14.93	50m:	33.53 (18.60)
75m:	53.50 (19.97)	100m:	1:14.01 (20.51)
125m:	1:35.14 (21.13)	150m:	1:55.24 (20.10)
175m:	2:15.28 (20.04)	200m:	2:35.44 (20.16)
225m:	2:57.59 (22.15)	250m:	3:19.66 (22.07)
275m:	3:41.51 (21.85)	300m:	4:03.91 (22.40)
325m:	4:22.97 (19.06)	350m:	4:41.69 (18.72)
375m:	5:00.36 (18.67)	400m:	5:18.15 (17.79)

31  King Hannah 17  Aquagym S... +0.60 **5:18.17**
Entry: 5:07.20 (+ 10.97)

25m:	15.18	50m:	33.86 (18.68)
75m:	53.28 (19.42)	100m:	1:13.70 (20.42)
125m:	1:35.81 (22.11)	150m:	1:57.22 (21.41)
175m:	2:17.64 (20.42)	200m:	2:37.95 (20.31)
225m:	2:59.15 (21.20)	250m:	3:21.62 (22.47)
275m:	3:43.64 (22.02)	300m:	4:06.21 (22.57)
325m:	4:25.08 (18.87)	350m:	4:42.97 (17.89)
375m:	5:00.77 (17.80)	400m:	5:18.17 (17.40)

32  Carter Scout 15  Ice Breaker... +0.71 **5:18.58**
Entry: 5:18.26 (+ 0.32)

25m:	15.66	50m:	34.56 (18.90)
75m:	54.49 (19.93)	100m:	1:15.10 (20.61)
125m:	1:36.76 (21.66)	150m:	1:57.12 (20.36)
175m:	2:17.34 (20.22)	200m:	2:37.30 (19.96)
225m:	2:59.13 (21.83)	250m:	3:21.24 (22.11)
275m:	3:43.82 (22.58)	300m:	4:06.63 (22.81)
325m:	4:25.92 (19.29)	350m:	4:43.67 (17.75)
375m:	5:01.31 (17.64)	400m:	5:18.58 (17.27)

33  Lovell Nicola 14  Blenheim S... **5:19.62**
Entry: 5:26.75 (- 7.13)

25m:	15.02	50m:	33.41 (18.39)
75m:	53.17 (19.76)	100m:	1:14.58 (21.41)
125m:	1:35.50 (20.92)	150m:	1:56.02 (20.52)
175m:	2:16.74 (20.72)	200m:	2:36.75 (20.01)
225m:	2:59.05 (22.30)	250m:	3:21.59 (22.54)
275m:	3:44.59 (23.00)	300m:	4:07.85 (23.26)
325m:	4:26.78 (18.93)	350m:	4:44.63 (17.85)
375m:	5:02.77 (18.14)	400m:	5:19.62 (16.85)

34  Huettmey... 15 Enterprise ... +0.76 **5:20.14**
Entry: 5:19.99 (+ 0.15)

25m:	15.03	50m:	33.15 (18.12)
75m:	52.00 (18.85)	100m:	1:12.12 (20.12)



125m: 1:32.91 (20.79)	150m: 1:52.81 (19.90)
175m: 2:12.85 (20.04)	200m: 2:32.58 (19.73)
225m: 2:54.49 (21.91)	250m: 3:16.78 (22.29)
275m: 3:39.39 (22.61)	300m: 4:02.76 (23.37)
325m: 4:23.13 (20.37)	350m: 4:42.74 (19.61)
375m: 5:01.84 (19.10)	400m: 5:20.14 (18.30)

35  Nadilo Marina 14  Nga Tai Tu... +0.74 **5:20.27**
Entry: 5:13.99 (+ 6.28)

25m: 14.54	50m: 32.33 (17.79)
75m: 50.98 (18.65)	100m: 1:10.05 (19.07)
125m: 1:30.26 (20.21)	150m: 1:49.79 (19.53)
175m: 2:09.26 (19.47)	200m: 2:28.91 (19.65)
225m: 2:52.40 (23.49)	250m: 3:16.55 (24.15)
275m: 3:41.41 (24.86)	300m: 4:06.27 (24.86)
325m: 4:24.90 (18.63)	350m: 4:43.40 (18.50)
375m: 5:02.08 (18.68)	400m: 5:20.27 (18.19)

36  Grenfell An... 15  Nelson Sou... +0.77 **5:20.55**
Entry: 5:20.82 (- 0.27)

25m: 15.15	50m: 33.44 (18.29)
75m: 52.10 (18.66)	100m: 1:11.55 (19.45)
125m: 1:32.03 (20.48)	150m: 1:51.33 (19.30)
175m: 2:10.63 (19.30)	200m: 2:29.82 (19.19)
225m: 2:54.75 (24.93)	250m: 3:18.88 (24.13)
275m: 3:42.41 (23.53)	300m: 4:06.02 (23.61)
325m: 4:25.49 (19.47)	350m: 4:43.91 (18.42)
375m: 5:02.46 (18.55)	400m: 5:20.55 (18.09)

37  Carter Violet 13  Ice Breaker... +0.72 **5:20.66**
Entry: 5:15.26 (+ 5.4)

25m: 15.05	50m: 33.45 (18.40)
75m: 53.33 (19.88)	100m: 1:13.83 (20.50)
125m: 1:34.63 (20.80)	150m: 1:54.80 (20.17)
175m: 2:14.60 (19.80)	200m: 2:33.80 (19.20)
225m: 2:56.20 (22.40)	250m: 3:19.03 (22.83)
275m: 3:42.06 (23.03)	300m: 4:05.33 (23.27)
325m: 4:25.13 (19.80)	350m: 4:44.20 (19.07)
375m: 5:03.29 (19.09)	400m: 5:20.66 (17.37)

38  Newbigging... 18  Selwyn Swi... +0.73 **5:21.67**
Entry: 5:17.95 (+ 3.72)

25m: 15.28	50m: 33.93 (18.65)
75m: 54.23 (20.30)	100m: 1:16.14 (21.91)
125m: 1:36.78 (20.64)	150m: 1:56.50 (19.72)
175m: 2:16.52 (20.02)	200m: 2:36.09 (19.57)
225m: 2:58.92 (22.83)	250m: 3:22.58 (23.66)
275m: 3:46.20 (23.62)	300m: 4:10.12 (23.92)
325m: 4:29.10 (18.98)	350m: 4:47.01 (17.91)
375m: 5:04.79 (17.78)	400m: 5:21.67 (16.88)

39  Barry Sophie 15  United Swi... +0.74 **5:23.31**
Entry: 5:18.24 (+ 5.07)

25m: 14.91	50m: 31.96 (17.05)
75m: 49.99 (18.03)	100m: 1:08.52 (18.53)
125m: 1:28.46 (19.94)	150m: 1:48.64 (20.18)
175m: 2:08.99 (20.35)	200m: 2:29.67 (20.68)
225m: 2:53.93 (24.26)	250m: 3:18.58 (24.65)
275m: 3:43.28 (24.70)	300m: 4:08.64 (25.36)
325m: 4:27.88 (19.24)	350m: 4:46.53 (18.65)
375m: 5:04.89 (18.36)	400m: 5:23.31 (18.42)

40  Reynolds ... 15  Howick Pak... +0.91 **5:24.04**
Entry: 5:12.95 (+ 11.09)

25m: 15.60	50m: 33.68 (18.08)
75m: 53.47 (19.79)	100m: 1:14.28 (20.81)
125m: 1:34.60 (20.32)	150m: 1:53.88 (19.28)
175m: 2:14.13 (20.25)	200m: 2:33.97 (19.84)
225m: 2:57.62 (23.65)	250m: 3:22.21 (24.59)

275m: 3:46.55 (24.34) 300m: 4:11.09 (24.54)
325m: 4:29.47 (18.38) 350m: 4:47.84 (18.37)
375m: 5:06.05 (18.21) 400m: 5:24.04 (17.99)

41  Harvey Tessa

25m: 14.96
75m: 51.65 (18.91)
125m: 1:31.58 (19.63)
175m: 2:11.37 (19.75)
225m: 2:56.06 (24.78)
275m: 3:45.54 (24.30)
325m: 4:29.76 (19.03)
375m: 5:06.73 (18.23)

15  Liz van Wel... +0.63

50m: 32.74 (17.78)
100m: 1:11.95 (20.30)
150m: 1:51.62 (20.04)
200m: 2:31.28 (19.91)
250m: 3:21.24 (25.18)
300m: 4:10.73 (25.19)
350m: 4:48.50 (18.74)
400m: 5:24.37 (17.64)

5:24.37
Entry: 5:28.77 (- 4.4)


42  Cowan Kate

25m: 14.85
75m: 52.97 (19.70)
125m: 1:34.95 (21.43)
175m: 2:15.80 (20.40)
225m: 2:58.61 (22.86)
275m: 3:44.70 (23.11)
325m: 4:28.61 (20.17)
375m: 5:06.95 (19.03)


17  Vikings Swi... +0.74

50m: 33.27 (18.42)
100m: 1:13.52 (20.55)
150m: 1:55.40 (20.45)
200m: 2:35.75 (19.95)
250m: 3:21.59 (22.98)
300m: 4:08.44 (23.74)
350m: 4:47.92 (19.31)
400m: 5:25.38 (18.43)

5:25.38
Entry: 5:18.93 (+ 6.45)

43  Booth Mia

25m: 14.53
75m: 51.50 (19.17)
125m: 1:31.92 (20.76)
175m: 2:11.89 (20.29)
225m: 2:56.39 (24.37)
275m: 3:44.77 (24.41)
325m: 4:29.36 (20.24)
375m: 5:08.00 (19.13)

18  Tawa Swim... +0.81

50m: 32.33 (17.80)
100m: 1:11.16 (19.66)
150m: 1:51.60 (19.68)
200m: 2:32.02 (20.13)
250m: 3:20.36 (23.97)
300m: 4:09.12 (24.35)
350m: 4:48.87 (19.51)
400m: 5:25.76 (17.76)

5:25.76
Entry: 5:20.21 (+ 5.55)

44  Laban Mia

25m: 14.13
75m: 49.53 (18.13)
125m: 1:29.29 (20.46)
175m: 2:09.10 (19.95)
225m: 2:53.73 (24.38)
275m: 3:44.62 (25.27)
325m: 4:30.56 (19.61)
375m: 5:08.59 (18.77)

15  HPK Howick Pak... +0.71

50m: 31.40 (17.27)
100m: 1:08.83 (19.30)
150m: 1:49.15 (19.86)
200m: 2:29.35 (20.25)
250m: 3:19.35 (25.62)
300m: 4:10.95 (26.33)
350m: 4:49.82 (19.26)
400m: 5:26.73 (18.14)

5:26.73
Entry: 5:19.08 (+ 7.65)

45  MacDowall ...

25m: 14.96
75m: 52.07 (18.95)
125m: 1:33.15 (21.47)
175m: 2:13.27 (20.52)
225m: 2:56.43 (23.24)
275m: 3:45.13 (24.20)
325m: 4:30.28 (19.89)
375m: 5:08.06 (18.58)

15  Selwyn Swi... +0.79

50m: 33.12 (18.16)
100m: 1:11.68 (19.61)
150m: 1:52.75 (19.60)
200m: 2:33.19 (19.92)
250m: 3:20.93 (24.50)
300m: 4:10.39 (25.26)
350m: 4:49.48 (19.20)
400m: 5:27.05 (18.99)

5:27.05
Entry: 5:24.24 (+ 2.81)

46  Molnar Sop...

25m: 14.96
75m: 52.07 (18.95)
125m: 1:33.15 (21.47)
175m: 2:13.27 (20.52)
225m: 2:56.43 (23.24)
275m: 3:45.13 (24.20)
325m: 4:30.28 (19.89)
375m: 5:08.06 (18.58)

16  Wharenui S... +0.65



50m: 33.12 (18.16)
100m: 1:11.68 (19.61)
150m: 1:52.75 (19.60)
200m: 2:33.19 (19.92)
250m: 3:20.93 (24.50)
300m: 4:10.39 (25.26)
350m: 4:49.48 (19.20)
400m: 5:27.05 (18.99)

5:27.07
Entry: 5:19.65 (+ 7.42)


25m:	14.70	50m:	32.18 (17.48)
75m:	50.78 (18.60)	100m:	1:10.19 (19.41)
125m:	1:32.58 (22.39)	150m:	1:53.89 (21.31)
175m:	2:15.01 (21.12)	200m:	2:35.96 (20.95)
225m:	2:57.76 (21.80)	250m:	3:20.72 (22.96)
275m:	3:44.55 (23.83)	300m:	4:08.86 (24.31)
325m:	4:29.67 (20.81)	350m:	4:49.38 (19.71)
375m:	5:08.73 (19.35)	400m:	5:27.07 (18.34)

47  Sasamoto ... 15 Enterprise ... +0.66 **5:27.85**
Entry: 5:17.08 (+ 10.77)


25m:	15.57	50m:	33.81 (18.24)
75m:	52.61 (18.80)	100m:	1:11.96 (19.35)
125m:	1:32.95 (20.99)	150m:	1:53.00 (20.05)
175m:	2:13.61 (20.61)	200m:	2:34.16 (20.55)
225m:	2:58.92 (24.76)	250m:	3:23.58 (24.66)
275m:	3:48.11 (24.53)	300m:	4:12.72 (24.61)
325m:	4:31.95 (19.23)	350m:	4:50.83 (18.88)
375m:	5:09.76 (18.93)	400m:	5:27.85 (18.09)

48  McDowell ... 16  Ashburton ... +0.73 **5:28.57**
Entry: 5:26.49 (+ 2.08)

25m:	15.67	50m:	33.79 (18.12)
75m:	52.80 (19.01)	100m:	1:13.20 (20.40)
125m:	1:33.93 (20.73)	150m:	1:53.19 (19.26)
175m:	2:12.61 (19.42)	200m:	2:31.76 (19.15)
225m:	2:56.59 (24.83)	250m:	3:22.40 (25.81)
275m:	3:48.06 (25.66)	300m:	4:14.04 (25.98)
325m:	4:34.02 (19.98)	350m:	4:52.76 (18.74)
375m:	5:11.12 (18.36)	400m:	5:28.57 (17.45)

49  Wills Grace 13  TBSS Cent... +0.81 **5:28.64**
Entry: 5:33.88 (- 5.24)

25m:	15.56	50m:	33.95 (18.39)
75m:	53.94 (19.99)	100m:	1:14.02 (20.08)
125m:	1:36.42 (22.40)	150m:	1:57.34 (20.92)
175m:	2:18.49 (21.15)	200m:	2:39.32 (20.83)
225m:	3:01.32 (22.00)	250m:	3:23.88 (22.56)
275m:	3:47.05 (23.17)	300m:	4:10.49 (23.44)
325m:	4:31.19 (20.70)	350m:	4:50.70 (19.51)
375m:	5:10.27 (19.57)	400m:	5:28.64 (18.37)

50  Gardner Sy... 15 Northwave ... +0.43 **5:29.07**
Entry: 5:28.56 (+ 0.51)

25m:	15.65	50m:	34.53 (18.88)
75m:	54.43 (19.90)	100m:	1:15.22 (20.79)
125m:	1:36.20 (20.98)	150m:	1:55.86 (19.66)
175m:	2:15.59 (19.73)	200m:	2:34.96 (19.37)
225m:	2:58.76 (23.80)	250m:	3:22.74 (23.98)
275m:	3:47.55 (24.81)	300m:	4:11.37 (23.82)
325m:	4:32.32 (20.95)	350m:	4:51.36 (19.04)
375m:	5:11.29 (19.93)	400m:	5:29.07 (17.78)

51  Shuker Meg 18 Pukekohe ... +0.67 **5:29.35**
Entry: 5:25.74 (+ 3.61)


25m:	15.31	50m:	33.63 (18.32)
75m:	52.91 (19.28)	100m:	1:13.35 (20.44)
125m:	1:34.73 (21.38)	150m:	1:55.26 (20.53)
175m:	2:15.97 (20.71)	200m:	2:36.94 (20.97)
225m:	3:00.35 (23.41)	250m:	3:24.83 (24.48)
275m:	3:49.59 (24.76)	300m:	4:14.96 (25.37)
325m:	4:34.37 (19.41)	350m:	4:53.53 (19.16)
375m:	5:12.29 (18.76)	400m:	5:29.35 (17.06)

52  Franklin Pa... 15  Central Ha... +0.65 **5:31.45**
Entry: 5:25.85 (+ 5.6)

25m:	15.66	50m:	34.84 (19.18)
75m:	54.71 (19.87)	100m:	1:15.23 (20.52)

125m: 1:38.26 (23.03)	150m: 2:00.71 (22.45)
175m: 2:22.90 (22.19)	200m: 2:44.92 (22.02)
225m: 3:06.81 (21.89)	250m: 3:30.27 (23.46)
275m: 3:53.94 (23.67)	300m: 4:18.30 (24.36)
325m: 4:38.05 (19.75)	350m: 4:56.54 (18.49)
375m: 5:14.65 (18.11)	400m: 5:31.45 (16.80)

53  Spencer-M...

13  Wharenui S... +0.72

5:39.72
Entry: 5:30.59 (+ 9.13)

25m: 15.41	50m: 34.20 (18.79)
75m: 54.77 (20.57)	100m: 1:17.07 (22.30)
125m: 1:38.66 (21.59)	150m: 1:59.45 (20.79)
175m: 2:20.85 (21.40)	200m: 2:41.99 (21.14)
225m: 3:06.04 (24.05)	250m: 3:30.94 (24.90)
275m: 3:55.90 (24.96)	300m: 4:20.78 (24.88)
325m: 4:40.74 (19.96)	350m: 5:00.48 (19.74)
375m: 5:20.48 (20.00)	400m: 5:39.72 (19.24)